

South Albany High School Bell Schedule

There are 5 slightly different schedules of the day with a class that rotates through the first 4 periods of the day. While it may seem a bit confusing at first look, it is really quite simple. All students have 7 classes in a 6 class hour daily schedule. Class length is 56 minutes, which educational research supports, and it provides a daily tutorial period for students to access their instructors for assistance.

NOTE: 0 Period meets each day, 6:48 – 7:33 AM

South Albany High School Daily Bell Schedule

Time	Activity	Grey Day	White Day	Early Release	Red Day	Pride Day
6:50 – 7:35	0 Hour	0 Period	0 Period	0 Period	0 Period	0 Period
7:40 – 8:35	1 st Hour	Rover (7 th)	1 st Period	1 st Period	1 st Period	1 st Period
8:40 – 9:35	2 nd Hour	2 nd Period	Rover (7 th)	2 nd Period	2 nd Period	2 nd Period
9:35 – 9:50	Breakfast/Break	Breakfast/Break	Breakfast/Break	Breakfast/Break	Breakfast/Break	Breakfast/Break
9:50 – 10:45	3 rd Hour	3 rd Period	3 rd Period	3 rd Period	Rover (7 th)	3 rd Period
10:50– 11:45	4 th Hour	4 th period	4 th period	4 th period	4 th period	Rover (7 th)
11:50- 12:20	Tutorial/Ext. Lunch	Tutorial or Ext. Lunch	Tutorial or Ext. Lunch	PRIDE	Tutorial or Ext. Lunch	Tutorial or Ext. Lunch
12:20- 12:55	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
12:55- 1:50	5 th Hour	5 th Period	5 th Period	5 th Period	5 th Period	FLEX
1:55- 2:50	6 th Hour	6 th Period	6 th Period	Early Release	6 th Period	6 th Period